



170 Michael Drive, Syosset, NY 11791  
 www.longislandswimschool.com 516-378-8467  
 \*Rear Entrance behind Stark Carpet\*

The Long Island Swim School is open for children ages 2 through 15, beginners through intermediates. The main emphasis of the program is on teaching children to swim correctly and develop essential water skills in a relaxed environment.



**TODDLER LESSONS:** for children between the ages of 2 and 3.5.

*Tot 1 (1:1 ratio):*

15 Classes \$472.50  
 14 Classes \$441  
 13 Classes \$409.50

*Tot 2 (1:3 ratio) Based on Staff Evaluation*

15 Classes \$412.50  
 14 Classes \$385  
 13 Classes \$357.50

Tiny Tots: ages 12 – 24 months – Parent and Child Class – 20 minutes

14 Classes \$434                      13 Classes \$403

**GROUP LESSONS:** for children between the ages of 3.5 and toilet trained through the age of 10.

15 Classes \$382.50                      1:5 ratio  
 14 Classes \$357  
 13 Classes \$331.50

**YOUNG ADULT LESSONS:** for young adults between the ages of 11 and 15 years who cannot yet complete one lap of each of the competitive strokes.

15 Classes \$382.50                      1:5 ratio  
 14 Classes \$357  
 13 Classes \$331.50

**ADULT LESSONS:** for adults over the age of 18 who cannot yet complete one lap of each of the competitive strokes.

13 Classes \$409.50

**SPECIAL NEEDS CLASSES:** If your child has special needs and you think they might require a separate environment please

**SPRING 2019 SCHEDULING NOTE:** Long Island Swim School will be closed From Friday, April 19<sup>th</sup> through Monday, April 22<sup>nd</sup> for Spring Break and From Saturday, May 25<sup>th</sup> through Monday, May 27<sup>th</sup> for Memorial Day.

SPRING 2019 CLASS SCHEDULE						
GROUP LESSONS (40 min.)			TODDLER LESSONS (30 min.)			YOUNG ADULTS (30 min.)
Mon/Wed	Tues/Thurs/Fri	Sat/Sun	Mon/Wed	Tues/Thurs/Fri	Sat/ Sun	Mon - Thurs
10:00 AM	11:30 AM	9:00 AM	10:45 AM	10:00 AM (Friday Tiny Tots only)	8:30 AM	4:45 PM
	1:15pm					
	4:00 PM	9:45 AM	11:15 AM	10:30 AM	9:00 AM	
	4:45 PM	10:30 AM	11:45 AM	11:00 AM	9:30 AM	ADULT (40 min.)
	5:30 PM	11:15 AM	2:00 PM		10:00 AM	Sun
	6:15 PM	12:00 PM			10:35 AM	12:45 PM
					11:05 AM	
					11:35 AM	
					12:10 PM	

## Welcome to the Long Island Swim School



### Facility Rules

The pool is our classroom. NO parents will be allowed on deck at any time. Please refrain from speaking to the children or instructors during the class. If you have a question or concern please address it with the Site Supervisor.

Please be courteous and considerate of everyone in the locker room facilities. Accompany your child into the locker room of the same sex. Boys over the age of 5 will not be permitted in the Women's locker room. Girls over the age of 5 will not be permitted in the men's locker room. This includes parents.

In the locker room please use the open space for changing and leave the rest room for those who need to use it.

Please be respectful of others in the viewing area, on the couches, and when watching television. Keep chairs, bags, and strollers away from pool entrance and exit doors.

For everyone's safety there are NO pictures or video allowed until the last day of class.

### Swim Diapers

It is mandatory that all swimmers in the TOT classes, regardless of potty training status wear a reusable swim diaper. A reusable swim diaper is a washable, reusable diaper that has a plastic liner and elastic at the waist and the legs. This is for every child 3.5 and under.

Children who are under the age of 3.5, newly potty trained, or not potty trained must wear a disposable swim diaper, such as "Little Swimmers", in addition to the reusable swim diaper, providing three layers of protection.

Bowel movements in the pool can be a health hazard and may force us to cancel classes. Do not substitute plastic training pants or regular diapers of any kind. Please do not buy a size for your child to "grow into" as elastic on the leg openings must be tight enough to contain a bowel movement. Please note that reusable swim diapers do not hold liquids. The chemicals in the pool can more easily deal with urine than a bowel movement.

### Fees

Tuition for each session reflects the number of classes in that session. Registration is on a first come first serve basis. Mid-session enrollment is based on space availability and will be pro-rated. Upon registration you will pay the full or pro-rated tuition amount for the session, plus the registration fee where applicable, by check or credit card. No spot will be held without payment.

You will be assessed a \$10 handling charge on a declined Automatic transaction. You will be assessed a \$20 handling fee for a returned check. Replacement transactions must be in the form of cash, cashier's check, or money order.

### Insurance Fees

A registration/insurance fee of \$10.00 is due upon enrollment. This fee will be collected the first time a student enrolls each year and every summer session thereafter. This fee is non refundable.

### Make Up Lessons

At Long Island Swim School, we believe that children are most successful in a consistent learning environment. Because of that, we encourage you to attend your regularly scheduled swim class as often as possible. Due to our low instructor to swimmer ratio it is not always possible to accommodate make up lessons. Please check the make up policy for each specific session prior to registration. Make up lessons cannot be used as a credit towards another session. We do not guarantee the same teacher for your make up class.

After the first week of the session ALL Make up lessons must be scheduled by emailing the Site Supervisor at [syswimlessons@longislandswimming.com](mailto:syswimlessons@longislandswimming.com). Make up requests cannot be taken in person. **Once a make up lesson has been confirmed by the Site Supervisor, it is considered granted and cannot be re-scheduled.**

#### **Group Lesson Make Up's SPRING 2019:**

Participants who register in full prior to the start of the session will receive ONE make up lesson. Make up Lessons will be offered on the following days and times: Monday 5/20, Tuesday 5/28, Wednesday 6/5, Thursday 6/6, Friday 6/14 at 7:00pm, Saturday 6/15 and Sunday 6/23 at 12:45pm

**Tot 1 & 2 Make Up's SPRING 2019:** Participants who register in full prior to the start of the session will receive ONE make up lesson. Please schedule your make up with the site supervisor on an individual basis after the first week of the session.

#### **Tiny Tot / Young Adult / Adult / Special Needs Make Ups SPRING 2019:**

Due to the specialized nature of these classes we are unable to accommodate make up lessons. However, once a month a Free Family Fun Night will be offered for children at these levels who have missed a class. Children and a parent are invited to use the pool for one hour. A lifeguard will be present, but no in-water instruction will be offered. Come enjoy some fun in the pool with the family! Dates: 4/25 10:30am – 12:00pm in SY or 2:30 – 3:30pm in GC, 6/1 12:45 – 1:45 in SY, 6/2 12:45-1:45 in GC.

### Class Cancellations

When a class is canceled due to circumstances beyond our control you will be notified by email of both the cancellation and the make up for the class. Make ups will be at the discretion of the Site Supervisor. A class is considered canceled or missed if less than 20 minutes of class time was received. If a safety lesson was taught on deck in lieu of in water class time then the class has not been canceled.

### Refund Policy

Refunds will not be given after the first lesson of the session. Those wishing to withdraw from a class prior to the start of the session must do so in writing by emailing the Site Supervisor. Withdrawals are final. If you change your mind you must re-register.

Credits toward a future session will be given to those swimmers who are forced to withdraw due to a prolonged medical injury. A request must be made in writing, along with a Doctor's note detailing the dates the student was unable to participate. Credits will only reflect classes missed once we have been notified of the child's injury.

# LONG ISLAND SWIM SCHOOL – Syosset – SPRING 2019

## Group Lessons: Ages 3.5 – 10 years 1:5 ratio.

Parent's Name:	Phone Number:
Address:	Cell Number:
	E-Mail:
Child	Birthday / Age
Child	Birthday / Age
Fee + \$10 annual registration fee =	Make checks payable to: Long Island Swim School APPLICATIONS WILL NOT BE ACCEPTED WITHOUT A SIGNED WAIVER (pg 7&8)

A \$10.00 annual Registration/Insurance fee will be collected the first time a student enrolls and every summer session thereafter. This fee is non-refundable. Acceptance is on a first come - first serve basis. Mid-session enrollment is based on space availability and will be pro-rated. No refund after the first lesson.

TIMES	Monday	Tuesday	Wednesday	Thursday	Friday	Times for Saturday & Sunday	Saturday	Sunday
	13 Classes 3/11- 6/17  NO CLASS 4/22 & 5/27	15 Classes 3/12- 6/18	15 Classes 3/13- 6/19	15 Classes 3/14- 6/20	14 Classes 3/15- 6/21  NO CLASS 4/19		13 Classes 3/16- 6/22  NO CLASS 4/20 & 5/25	13 Classes 3/17- 6/23  NO CLASS 4/21 & 5/26
10:00-10:40						9:00-9:40		
11:30-12:10						9:45-10:25		
1:15-1:55						10:30-11:10		
4:00-4:40						11:15-11:55		
4:45-5:25						12:00-12:40		
5:30-6:10								
6:15-6:55								

PLEASE MARK the box to indicate the class days and times you are registering for.

**To register mail completed form with payment to  
Long Island Swim School Attn: Karla Spiegel 170 Michael Drive. Syosset, NY 11791  
or register online at [www.longislandswimschool.com](http://www.longislandswimschool.com)**

# LONG ISLAND SWIM SCHOOL – Syosset – SPRING 2019

**Toddler Lessons: Ages 2 – 3.5 years 1:1 OR 1:3 ratio**

Parent's Name:	Phone Number:
Address:	Cell Number:
	E-Mail:
Child	Birthday / Age
Child	Birthday / Age
Fee + \$10 annual registration fee =	Make checks payable to: Long Island Swim School APPLICATIONS WILL NOT BE ACCEPTED WITHOUT A SIGNED WAIVER (pg 7&8)

A \$10.00 annual Registration/Insurance fee will be collected the first time a student enrolls and every summer session thereafter. This fee is non-refundable. Acceptance is on a first come - first serve basis. Mid-session enrollment is based on space availability and will be pro-rated. No refund after the first lesson.

**TOT 1** is for a first time member to our school. They will receive a 1:1 student teacher ratio to familiarize them with the environment, allow for separation and create a joy for the water.

**TOT 2** is for all others who have been evaluated by our staff and have graduated from TOT1. They will receive a 3:1 student teacher ratio. Children separate from their guardian and have the safety device placed on their back without commotion.

<b>TOTS</b> Circle T1 or T2	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend Classes	Saturday 13 Classes 3/16- 6/22  NO CLASS 4/20 & 5/25 <b>Sunday</b> 13 Classes 3/17- 6/23  NO CLASS 4/21 & 5/26
	13 Classes 3/11- 6/17  NO CLASS 4/22 & 5/27	15 Classes 3/12- 6/18	15 Classes 3/13- 6/19	15 Classes 3/14- 6/20	14 Classes 3/15- 6/21  NO CLASS 4/19	8:30-9:00AM (T1 and T2)	
10AM-10:30AM					Tiny Tot Tot 1	9:00-9:30AM	
10:30-11:00AM						9:30-10:00AM	
10:45-11:15AM						10:00-10:30AM	
11:00 – 11:30AM						10:35-11:05AM	
11:15 – 11:45AM						11:05-11:35AM	
11:45-12:15 PM						11:35-12:05PM	
2:00 – 2:30PM						12:10-12:40PM	

Children must wear a double swim protector under their suit to enter the pool. They will be available for purchase if you do not have one.

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# LONG ISLAND SWIM SCHOOL – Syosset – SPRING 2019

**Young Adult Lessons: Ages 11 – 15 years 1:5 ratio.**

Parent's Name:	Phone Number:
Address:	Cell Number:
	E-Mail:
Child	Birthday / Age
Child	Birthday / Age
Fee + \$10 annual registration fee =	Make checks payable to: Long Island Swim School APPLICATIONS WILL NOT BE ACCEPTED WITHOUT A SIGNED WAIVER (pg 7&8)

A \$10.00 annual Registration/Insurance fee will be collected the first time a student enrolls and every summer session thereafter. This fee is non-refundable. Acceptance is on a first come - first serve basis. Mid-session enrollment is based on space availability and will be pro-rated. No refund after the first lesson.

Please mark the box to indicate the class days and times you are registering for.

<b>Young Adults Ages 11 - 15</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>
	13 Classes 3/11- 6/17	15 Classes 3/12- 6/18	15 Classes 3/13- 6/19	15 Classes 3/14- 6/20
	NO CLASS 4/22 & 5/27			
4:45 – 5:15pm				

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# LONG ISLAND SWIM SCHOOL - Syosset – SPRING 2019

**For ADULTS: Ages 18 & OVER**

For children with special needs for whom the group environment is not beneficial.  
Placement by staff recommendation only. Please call our office to register.

Parent's Name:	Phone Number:
Address:	Cell Number:
	E-Mail:
Child	Birthday / Age
Child	Birthday / Age
Fee + \$10 annual registration fee =	Make checks payable to: Long Island Swim School APPLICATIONS WILL NOT BE ACCEPTED WITHOUT A SIGNED WAIVER (pg 7&8)

A \$10.00 annual Registration/Insurance fee will be collected the first time a student enrolls and every summer session thereafter. This fee is non-refundable. Acceptance is on a first come - first serve basis. Mid-session enrollment is based on space availability and will be pro-rated. No refund after the first lesson.

PLEASE CHOOSE YOUR CLASS TIME:

<b>ADULT</b>	<p><b>Sunday</b> 13 Classes 3/17- 6/23</p> <p>NO CLASS 4/21 &amp; 5/26</p>
12:45PM – 1:25PM	

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# LONG ISLAND SWIM SCHOOL - Syosset – SPRING 2019

## For SPECIAL NEEDS CLASSES only (ages 4 - 15)

For children with special needs for whom the group environment is not beneficial.  
Placement by staff recommendation only. Please call our office to register.

Parent's Name:	Phone Number:
Address:	Cell Number:
	E-Mail:
Child	Birthday / Age
Child	Birthday / Age
Fee + \$10 annual registration fee =	Make checks payable to: Long Island Swim School APPLICATIONS WILL NOT BE ACCEPTED WITHOUT A SIGNED WAIVER (pg 7&8)

A \$10.00 annual Registration/Insurance fee will be collected the first time a student enrolls and every summer session thereafter. This fee is non-refundable. Acceptance is on a first come - first serve basis. Mid-session enrollment is based on space availability and will be pro-rated. No refund after the first lesson.

PLEASE CHOOSE YOUR CLASS TIME:

<b>Children with Special Needs</b>	<p><b>Saturday</b> 13 Classes 3/16- 6/22</p> <p>NO CLASS 4/20 &amp; 5/25</p>
12:45PM – 1:15PM	

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Swimmer's Full Name: \_\_\_\_\_



## Waiver/ Release of Liability

**PLEASE READ CAREFULLY BEFORE SIGNING.  
THIS IS A RELEASE OF LIABILITY AND WAIVER OF CERTAIN LEGAL RIGHTS.**

I, \_\_\_\_\_, the enrolled participant and/ or the parent / guardian of the participant agree and understand that swimming is a HAZARDOUS activity. I recognize that there are risks inherent in the sport of swimming, including but not limited to, paralyzing injuries and death.

The participant hereby agrees to participate in swim lessons and hereby agrees to indemnify and hold harmless Long Island Swim School, Hobieswim, its coaches, instructors, officer's directors, agents and employees against any liability resulting from any injury that may occur to the participant during swim lessons. The participant also agrees to indemnify Long Island Swim School and Hobieswim for any damages incurred arising from any claims, demand, action or cause of action by the participant.

The participant authorizes any representative of Long Island Swim School to have the participant treated in any medical emergency during their participation in lessons. Further, the participant and/ or parent/ guardian agree to pay all costs associated with medical care and transportation for the participant.

I have noted on the back of this form any medical/ health problems of which the staff should be aware.

**I HAVE CAREFULLY READ THE ABOVE LIABILITY RELEASE AND SIGN IT WITH FULL KNOWLEDGE OF ITS CONTENTS AND SIGNIFICANCE.**

Signed: \_\_\_\_\_  
(Participant or Parent / Guardian)

Date: \_\_\_\_\_

## Media Release form for Minor Children

I, Parent/Legal Guardian of (child's name) \_\_\_\_\_ hereby grants permission to Long Island Swim School, its agents and assigns, to use above named child's photo or video, and likeness for the purpose of promotion by Long Island Swim School for all forms, media and manners, for the following but not limited to, news releases, photographs, video, audio, website, marketing, advertising, trade, promotion, exhibition for an indefinite period of time.

I give unrestricted permission for images, videos, and recordings of the child to be used in print, video, digital and internet media. I agree that these images and/or voice recordings may be used for a variety of purposes and that these images may be used without further notifying me. I further acknowledge that I will not be compensated for these uses and the Long Island Swim School owns all rights to the images, videos, and recordings, and to any derivative works created from them.

I waive any right to inspect the uses of any printed or electronic copy. I hereby release Long Island Swim School and its agents and assigns from any claims that may arise from these uses, including without limitation claims of defamation or invasion of privacy, or of infringement of moral rights or rights of publicity or copyright.

This Release expresses the complete understanding of the parties.

Signed: \_\_\_\_\_ Printed Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Date: \_\_\_\_\_



### Facility Rules

- The pool is our classroom. NO parents will be allowed on deck at any time. Please refrain from speaking to children/instructors during the class and address any concerns with the supervisor.
- Please be courteous and considerate of everyone in the locker room facilities. Accompany your child into the locker room of the same sex. Boys over the age of 5 will not be permitted in the Women's locker room. Girls over the age of 5 will not be permitted in the men's locker room. This includes parents.
- In the locker room please use the open space for changing and leave the rest room for those who need to use it.
- Please be respectful of others in the viewing area, on the couches, and when watching television. Keep chairs, bags, and strollers away from pool entrance and exit doors.
- For everyone's safety there are NO pictures or video allowed until the last day of class.

\_\_\_\_\_ (INITIALS)

### Swim Diapers

- It is mandatory that all swimmers in the TOT classes, regardless of potty training status wear a reusable swim diaper. A reusable swim diaper is a washable, reusable diaper that has a plastic liner and elastic at the waist and the legs. This is for every child 3.5 and under. Children who are under the age of 3.5, newly potty trained, or not potty trained must wear a disposable swim diaper, such as "Little Swimmers", in addition to the reusable swim diaper, providing three layers of protection.
- Bowel movements in the pool can be a health hazard and may force us to cancel classes. Do not substitute plastic training pants or regular diapers of any kind. Please do not buy a size for your child to "grow into" as elastic on the leg openings must be tight enough to contain a bowel movement. Please note that reusable swim diapers do not hold liquids. The chemicals in the pool can more easily deal with urine than a bowel movement.

\_\_\_\_\_ (INITIALS)

### Fees

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\_\_\_\_\_ (INITIALS)

### Make Up Lessons

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#### Group Lesson Make Up's SPRING 2019

Participants who register in full prior to the start of the session will receive ONE make up lesson. Make up Lessons will be offered on the following days and times: Monday 5/20, Tuesday 5/28, Wednesday 6/5, Thursday 6/6, Friday 6/14 at 7:00pm, Saturday 6/15 and Sunday 6/23 at 12:45pm

**Tot 1 & 2 Make Up's SPRING 2019:** Participants who register in full prior to the start of the session will receive ONE make up lesson. Please schedule your make up with the site supervisor on an individual basis after the first week of the session.

#### Tiny Tot / Young Adult / ADULT / Special Needs Make Ups SPRING 2019:

Due to the specialized nature of these classes we are unable to accommodate make up lessons. However, once a month a Free Family Fun Day will be offered for children at these levels who have missed a class.

**Family Fun Days SPRING 2019:** Want to get more practice? Come to a Family Fun Day, it's FREE!! Children and a parent are invited to use the pool for one hour. A lifeguard will be present, but no in-water instruction will be offered. Come enjoy some fun in the pool with the family! Email your supervisor to reserve your spot. Families are welcome at either location regardless of their class location.

Dates: 4/25 10:30am – 12:00pm in SY or 2:30 – 3:30pm in GC, 6/1 12:45 – 1:45 in SY, 6/2 12:45-1:45 in GC.

\_\_\_\_\_ (INITIALS)

### Class Cancellations

- When a class is canceled due to circumstances beyond our control you will be notified by email of both the cancellation and the make up for the class. Make ups will be at the discretion of the Site Supervisor. A class is considered canceled or missed if less than 20 minutes of class time was received. If a safety lesson was taught on deck in lieu of in water class time then the class has not been canceled.

\_\_\_\_\_ (INITIALS)

### Refund Policy

- Refunds will not be given after the first lesson of the session. Those wishing to withdraw from a class prior to the start of the session must do so in writing by emailing the Site Supervisor. Withdrawals are final. If you change your mind you must re-register.
- Credits toward a future session will be given to those swimmers who are forced to withdraw due to a prolonged medical injury. A request must be made in writing, along with a Doctor's note detailing the dates the student was unable to participate. Credits will only reflect classes missed once we have been notified of the child's injury.

\_\_\_\_\_ (INITIALS)