

LONG ISLAND SWIM SCHOOL POOL SAFETY WORKSHEET

Yes, IT IS SAFE	No, IT IS NOT SAFE

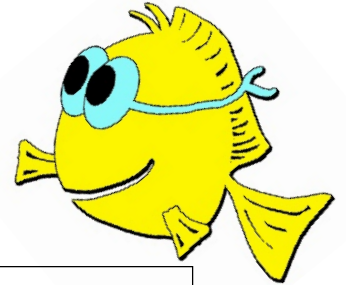


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SAFE OR NOT SAFE

Cut out the actions below and decide if each one is Safe or Not.

Paste each activity in the column they belong in.



Slide in and out of the pool safely	Jump on Someone	Swim when a lifeguard or adult is present	Telling an adult that you are going to swim
Going in the pool alone	Wearing sunscreen when swimming outside	Swim when there is no lifeguard or adult	Yell HELP when you are okay and do not need help
Running on the pool deck	Chewing gum while swimming	Dive into shallow water	Eating while in the pool
Holding my breath for a long time underwater	Wearing your bubbles in the water	Swimming in the deep water without a bubble when I need it	Practicing freestyle arms when I am in the water

