

# LONG ISLAND SWIM SCHOOL

170 Michael Drive Syosset, NY 11791  
www.longislandswimschool.com (516) 378-8467

## Summer 2022

June 27 - August 21

Tue - Thu: 8 Classes

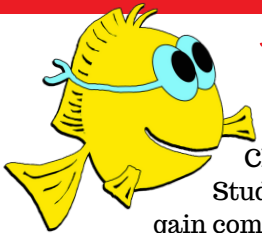
Sat - Mon: 7 Classes

No class 7/2 - 7/4

Long Island Swim School is committed to maintaining a safe and positive environment for children to learn to swim. We teach a skills-based curriculum in a comfortable and relaxed environment. We encourage all students to love the water and swim for life. Class sizes are limited! Book your classes in advance to ensure you don't miss out!

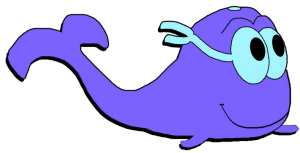
## LEARN TO SWIM CLASSES

For children ages 2-14 years who cannot yet complete 25 yards of each stroke.



### Toddler Lessons

For children ages 22 - 36 months. Children will swim 1:1 with an instructor. Students will learn basic skills to help them gain comfort, confidence, and safety in the pool. Offered on the Original 8 schedule only.

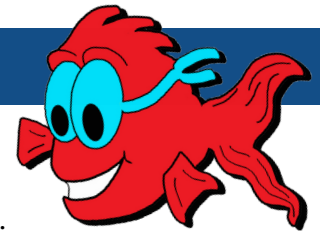


Learn to Swim classes are 30 minutes each

### Group Lessons

For children 3 - 10 years of age.

Children are placed in groups based on age and ability at their first lesson. Instructors will work with students to improve individual skills in a group environment. Offered on the Original 8, Double, and Weekly schedules. 1:3 ratio.



### Young Adult Lessons

For children 11-14 years of age. Instructors will work with students to improve individual skills in a group environment. This class has limited availability and is offered on the Original 8 schedule only. 1:3 ratio.



### Beginner Stroke Clinic

For children ages 11 & under graduating from Lane 4 of the Long Island Swim School Learn to Swim program, and by placement through staff evaluation.

### Stroke Clinic

For children ages 11 & under currently enrolled in Stroke Clinic, those graduating from Beginner Stroke Clinic, and by placement through staff evaluation.

### Young Adult Stroke Clinic

For children ages 12 - 15 currently enrolled in Stroke Clinic, those graduating from Beginner Stroke Clinic, and by placement through staff evaluation.

## STROKE CLINIC CLASSES

For children ages 6 - 14 years, as evaluated by our staff. 1:12 ratio



Swimmers build technique and endurance as well as develop skills to participate in a swimming workout with similar aged peers. Classes are 30 minutes each.



# SWIM MORE

Save More

# SYOSSET

Summer 2022  
June 27 - August 21

## The Original 8

Pick your day and time.  
Swim once a week  
for 8 weeks.

Tuesday - Thursday: 8 Classes

Group / Young Adult: \$240

Toddler: \$360

Tuesday: 6/28 - 8/16

Wednesday: 6/29 - 8/17

Thursday: 6/30 - 8/18

Saturday, Sunday,

Monday: 7 Classes

Group / Young Adult: \$210

Toddler: \$315

Monday: 6/27 - 8/15

Saturday: 7/9 - 8/20

Sunday: 7/10 - 8/21

## Double the Fun

Pick your time.  
Swim Mon/Wed or Tue/Th  
for 4 weeks.

8 Group Classes: \$240

7 Group Lessons: \$210

Double A:

Mon/Wed 6/27 - 7/20

Double B:

Tue/Th 6/28 - 7/21

Double C:

Mon/Wed 7/25 - 8/17

Double D:

Tue/Th 7/26 - 8/18

## Weekly

Pick your time.  
Swim Monday - Thursday  
for one week.

Group Lessons

First Week: \$130

Each Additional Week: \$120

Week 1: 6/27 - 6/30

\*Week 2: 7/5 - 7/7

Week 3: 7/11 - 7/14

Week 4: 7/18 - 7/21

Week 5: 7/25 - 7/28

Week 6: 8/1 - 8/4

Week 7: 8/8 - 8/11

Week 8: 8/15 - 8/18

We'll take \$10 off your first week  
when you sign up for 2 weeks or  
more!

\*Week 2 will only meet 3 times \$100

## Stroke Clinic

Pick your day and time.  
Swim once a week  
for 8 weeks.

Tuesday - Thursday

8 Classes: \$224

Saturday, Sunday, Monday

7 Classes: \$196

Stroke Clinic classes will follow  
the Original 8 calendar.

Happy 4th of July! No Class Saturday 7/2 - Monday 7/4

## Monday - Thursday

Time	Learn to Swim	Stroke Clinic
9:00 - 9:30	Group, Toddler, & Young Adult Lessons	Beginner SC (T/Th), Stroke Clinic (M/W)
9:35 - 10:05	Group & Toddler Lessons	Beginner SC (M/W), Stroke Clinic (T/Th)
10:15 - 10:45	Group & Toddler Lessons	
10:50 - 11:20	Group & Toddler Lessons	
11:25 - 11:55	Group & Toddler Lessons	
2:00 - 2:30	Group & Toddler Lessons	
2:35 - 3:05	Group & Toddler Lessons	
3:10 - 3:40	Group & Toddler Lessons	Beginner SC (M), Stroke Clinic (W)
3:45 - 4:15	Group Lessons	Beginner SC (W/Th), Stroke Clinic (M/Tu)
4:25 - 4:55	Group Lessons & Young Adult Lessons	Stroke Clinic (T/Th), Young Adult SC (T/Th)
5:00 - 5:30	Group Lessons	Stroke Clinic (T/Th)
5:35 - 6:05	Group Lessons	Beginner SC (T/Th)
6:10 - 6:40	Group Lessons	Stroke Clinic (T/Th), Young Adult SC (T/Th)

## Saturday & Sunday

Time	Programs Offered
8:30 - 9:00	Group & Toddler Lesson, Stroke Clinic
9:05 - 9:35	Group & Toddler Lesson, Beginner Stroke Clinic
9:40 - 10:10	Group & Toddler Lesson, Young Adult Stroke Clinic
10:15 - 10:45	Group & Toddler Lesson, Beginner Stroke Clinic
10:55 - 11:25	Group & Toddler Lesson, Stroke Clinic
11:30 - 12:00	Group & Toddler Lesson, Young Adult Stroke Clinic
12:05 - 12:35	Group, Toddler, & Young Adult Lessons

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**REGISTER ONLINE**

Currently Enrolled Families

Opens 5/31 @ 12:00pm

Returning Families 6/1 @ 12:00 pm

New Families 6/2 @ 12:00 pm



A \$20 Registration / Insurance fee will be collected for each student once per year beginning with the Summer Session. This fee is due at the time of enrollment and is non refundable. Not feeling well? We will do our best to accommodate make up lessons for illness. Please carefully read the make up policies prior to registration.