

# LONG ISLAND SWIM SCHOOL

170 Michael Drive Syosset, NY 11791  
www.longislandswimschool.com (516) 378-8467

## Summer 2021

June 28 - August 22

M, T, W, Th 8 Classes

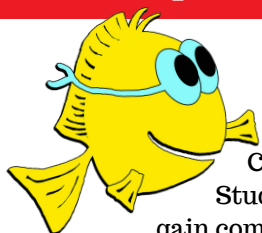
Sa, Su 7 Classes

No class 7/3, 7/4

Long Island Swim School is committed to maintaining a safe and positive environment for children to learn to swim. We teach a skills-based curriculum in a comfortable and relaxed environment. We encourage all students to love the water and swim for life. Class sizes are limited! Book your classes in advance to ensure you don't miss out!

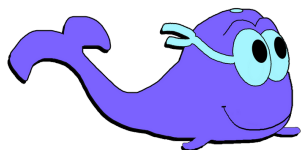
## LEARN TO SWIM CLASSES

For children ages 2-15 years who cannot yet complete 25 yards of each stroke.



### Toddler Lessons

For children ages 22 - 36 months. Children will swim 1:1 with an instructor. Students will learn basic skills to help them gain comfort, confidence, and safety in the pool. Offered on the Original 8 schedule only.



Learn to Swim classes are 30 minutes each

### Group Lessons

For children 3 - 10 years of age.

Children are placed in groups based on age and ability at their first lesson. Instructors will work with students to improve individual skills in a group environment. Offered on the Original 8, Double, and Weekly schedules. 1:3 ratio.



### Young Adult Lessons

For children 11-14 years of age. Instructors will work with students to improve individual skills in a group environment. This class has limited availability and is offered on the Original 8 schedule only. 1:3 ratio.



### Beginner Stroke Clinic

For children ages 11 & under graduating from Lane 4 of the Long Island Swim School Learn to Swim program, and by placement through staff evaluation.

### Stroke Clinic

For children ages 11 & under currently enrolled in Stroke Clinic, those graduating from Beginner Stroke Clinic, and by placement through staff evaluation.

### Young Adult Stroke Clinic

For children ages 12 - 15 currently enrolled in Stroke Clinic, those graduating from Beginner Stroke Clinic, and by placement through staff evaluation.

## STROKE CLINIC CLASSES

For children ages 6 - 15 years, as evaluated by our staff. 1:10 ratio



Swimmers build technique and endurance as well as develop skills to participate in a swimming workout with similar aged peers. Classes are 30 minutes each.



# SWIM MORE

Save More

# SYOSSET

Summer 2021  
June 28 - August 22

## The Original 8

Pick your day and time.  
Swim once a week  
for 8 weeks.

Weekdays: 8 Classes  
Group / Young Adult: \$208  
Toddler: \$320

Monday: 6/28 - 8/16  
Tuesday: 6/29 - 8/17  
Wednesday: 6/30 - 8/18  
Thursday: 7/1 - 8/19

Weekends: 7 Classes  
Group / Young Adult: \$182  
Toddler: \$280  
Saturday: 7/10 - 8/21  
Sunday: 7/11 - 8/22

## Double the Fun

Pick your time.  
Swim Mon/Wed or Tue/Th  
for 4 weeks.

8 Classes  
Group: \$208

Double A:  
Mon/Wed 6/28 - 7/21

Double B:  
Tue/Th 6/29 - 7/22

Double C:  
Mon/Wed 7/26 - 8/18

Double D:  
Tue/Th 7/27 - 8/19

## Weekly

Pick your time.  
Swim Monday - Thursday  
for one week.

Group Lessons  
First Week: \$112  
Each Additional Week: \$104

Week 1: 6/28 - 7/1

Week 2: 7/5 - 7/8

Week 3: 7/12 - 7/15

Week 4: 7/19 - 7/22

Week 5: 7/26 - 7/29

Week 6: 8/2 - 8/5

Week 7: 8/9 - 8/12

Week 8: 8/16 - 8/19

We'll take \$8 off your first week  
when you sign up for 2 weeks or  
more!

## Stroke Clinic

Stroke Clinic Original 8  
Pick your day and time.  
Swim once a week  
for 8 weeks.

8 Classes: \$192  
7 Classes: \$168

## Stroke Clinic Weekly

Pick your time.  
Swim Monday - Thursday  
for one week.

First week: \$104  
Each Additional Week: \$96

Stroke Clinic classes will follow  
the Original 8 and Weekly  
calendars.

## Single Day

Rainy Day? Change of plans? Looking for flexibility? Once you're signed up for any session of 8 or more classes, you can add single days one at a time! Call or email within 72 hours of class time check availability & enroll. Based on availability, Summer only. Group/Young Adult \$26, Toddler \$40, Stroke Clinic \$24

## Monday - Thursday

Time	Programs Offered
9:00 - 9:30	Group & Toddler Lessons, Stroke Clinic
9:40 - 10:10	Group & Toddler Lessons, Beginner Stroke Clinic
10:20 - 10:50	Group & Toddler Lessons, Stroke Clinic
11:00 - 11:30	Group, Toddler, & Young Adult Lessons, Young Adult Stroke Clinic
2:00 - 2:30	Group & Toddler Lessons, Stroke Clinic
2:40 - 3:10	Group & Toddler Lessons
3:20 - 3:50	Group & Toddler Lessons, Stroke Clinic
4:00 - 4:30	Group & Toddler Lessons, Beginner Stroke Clinic
4:40 - 5:10	Group & Toddler Lessons, Stroke Clinic
5:20 - 5:50	Group & Young Adult Lessons, Young Adult Stroke Clinic
6:00 - 6:30	Group & Toddler Lessons, Stroke Clinic

## Saturday & Sunday

Time	Programs Offered
8:30 - 9:00	Group & Toddler Lesson, Stroke Clinic
9:10 - 9:40	Group & Toddler Lesson, Beginner Stroke Clinic
9:50 - 10:20	Group & Toddler Lesson, Stroke Clinic
10:30 - 11:00	Group & Toddler Lesson, Young Adult Stroke Clinic
11:10 - 11:40	Group & Toddler Lesson, Stroke Clinic
11:50 - 12:20	Group & Toddler Lesson



## REGISTER ONLINE

Currently Enrolled Families  
Opens 5/25 @ 12:00pm

Returning Families 5/26 @ 12:00 pm

New Families 5/27 @ 12:00 pm

[LONGISLANDSWIMSCHOOL.COM](http://LONGISLANDSWIMSCHOOL.COM)

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A \$20 Registration / Insurance fee will be collected for each student once per year beginning with the Summer Session. This fee is due at the time of enrollment and is non refundable. Not feeling well? We will do our best to accommodate make up lessons for illness. Please carefully read the make up policies prior to registration.